Essence:

Sweet children, remember the things that Baba reminds you of at the confluence age and you

will remain constantly cheerful.

Question:

What is the way to remain constantly light? By adopting which method can you remain

constantly happy?

Answer:

To remain constantly light, place in front of the eternal Surgeon all the sins you have committed in this birth. To remove the innumerable sins of your many births that are on your head, stay on the pilgrimage of remembrance. Only by having remembrance can your sins be cut away and can you remain constantly happy. By having remembrance of the Father you souls will become satopradhan.

Om shanti. The spiritual Father explains to you sweetest, spiritual children. You now remember that you belonged to the original eternal deity religion. You truly were the masters of the world who used to rule there. There were no other religions at that time. You are the ones who came at the beginning of the golden age and have completed the cycle of eighty-four births. You are able to remember the whole tree. You were deities, but you then came into the kingdom of Ravan and so were no longer worthy of being called deities. This is why people think it to be a totally different religion. No one else's religion changes. The Christian religion of Christ and the Buddhist religion of Buddha continues. Everyone knows when Buddha established his religion. The Hindus do not know when their Hindu religion began or who started it. They speak of hundreds of thousands of years. Only you children have the knowledge of the cycle of the whole world. This is called gyan (knowledge) and vigyan (science). They use the name of Vigyan Bhavan, but Baba explains the real meaning of this. It is gyan and yoga - knowledge of the Creator and of the beginning, the middle and the end of creation. You now understand that because you didn't have this knowledge previously you were atheists. This knowledge cannot exist in the golden age. Because you needed a new world to live in, the Teacher taught you, and you claimed your fortune of the kingdom and your high status. That's all! Pure deities cannot set foot in this old world. Baba came and established the new world and had the old world destroyed. Destruction has to take place for your sake. You have been playing this part cycle after cycle. Baba asks you: "Have we met before?" You reply "Baba, we meet You every cycle in order to claim our fortune of the kingdom from You." You received your fortune of the kingdom of unlimited happiness in the previous cycle too. You are being reminded of all these aspects, and so you should think about them. This is what Baba calls spinning the discus of self-realisation. To begin with, you were satopradhan. You must also remember that each soul has their own part to play. You tiny souls are eternal and the eternal role you have within you will also continue eternally. This is predestined. Nothing new can be added to it and nothing can be removed (cut) from it. No one is able to claim eternal liberation. Some souls ask for liberation. Liberation is distinct from eternal liberation, so you must keep this in your consciousness. When it is in your consciousness, you can remind others of it. Your business is to remind others of the things that Baba is reminding you. Then you will be able to claim a high status. You have to make a lot of effort to claim a high status. Your main effort lies in yoga. This is also called the pilgrimage of remembrance and it cannot be taught by anyone but Baba. You are now studying to change from ordinary humans into deities. You understand that you are to go into the new world once again. Its name is the land of immortality. This is the land of death. Death comes suddenly. There, there will be no trace of death because, in fact, the soul cannot be eaten by death. It is not like a sweet that can be eaten. When, according to the drama, it is time, the soul leaves. When it is time for someone to leave their body, they have to leave it. No one can stop death. A soul leaves their body and takes the next one. Death is nothing. All these are wasteful things from which they have created stories on the path of bhakti. There, is no such thing as death. That is the land of immortality, where the body is free from disease. The life-span of the people of Bharat in the golden age was long because they were yogis. You now understand the meaning of the words "yogi" and a "bhogi" (one who indulges in sensual pleasure). Your life-span is now increasing. The more you stay in yoga, the more your sins will be destroyed and the higher the status you will receive and the longer your life-span will be. When the king, the queen and the subjects complete their life-span they leave the body. The same happens to the subjects, but there is a difference in their status. Children,

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Baba says: These ornaments now belong to you. You are the spinners of the discus of self-realisation. You are the ones who live at home with your family and yet remain like a lotus flower. No one but you can live in this way. You are now also aware of how many sins you have committed in this birth. That is why Baba says: Place all of those sins in front of the eternal Surgeon and you will become light. However, in order to remove your innumerable sins of many births you have to stay in yoga. Only by having yoga can your sins be cut away. Then you will be happy. By having remembrance of Baba you will become satopradhan. If you know that this is what you will become by having this remembrance, who amongst you would not have remembrance? However, this is a battlefield. You have to make effort to claim a high status. Children, you have been reminded that you claim the most elevated inheritance from the unlimited Father. You claim this inheritance cycle after cycle. Many will come to you. They will come and take the great mantra of "Manmanabhav." It means you must consider yourself to be a soul and remember Baba. This is the great mantra through which you become a great soul (mahaan atma). Those (mahatmas) are not really great souls. Shri Krishna is called a great soul because he is pure. Deities always remain pure, but deities follow the household path whereas sannyasis belong to the path of isolation. Women are not allowed to stumble around that path. These are all the bad things of the iron age. Some women are even made sannyasis and made to leave home. However, it was on the basis of the sannyasis' purity that Bharat was sustained. It is similar to when an old building is whitewashed to make it appear new. Those sannyasis gave Bharat a whitewash and saved it a little. However, Baba says that although they remain pure, their religion is totally distinct from ours. Only in the land of Bharat are there so many temples to deities and so much bhakti etc. That too is played in the drama and you are able to give examples of it. All those things are needed for the path of bhakti. Only Shiva has been given so many names. Different temples have been built to Him because of the different names. There are countless temples. The bhagats spend so much, but they still only receive happiness for half a cycle. They use so much money, but it is a waste as the images get broken. There will be no need for temples etc. there. You are now reminded that bhakti will disappear for half a cycle. There is no name or trace of bhakti for half a cycle. Baba reminds you of the many varieties in this tree. If the duration of only the iron age were forty thousand years, then the duration of Christianity etc. would also increase a great deal. Baba tells you the limit (length of time) of the Christian religion. You know that Christ came this much time ago and that it has been this length of time since so-and-so established that religion. However, because they have elongated the duration of the cycle they do not know when they will return. You know that preparations for destruction are now taking place. Theirs is science and yours is silence. The more you go into silence, the better the things they will prepare for destruction. Day by day they keep refining those things. You are happy inside knowing that Baba has come to create the new world for you and that you will no longer have to live in this old world. It is Baba's wonder! Baba, Your establishment of heaven is a wonder. You are now being reminded of everything but others don't know the Creator or the beginning, the middle and the end of creation. You know this. You are in a great deal of light, whereas everyone is in immense darkness. That is the difference! The Satguru gives you the ointment of knowledge and your darkness of ignorance is dispelled. Those who do bhakti do not have knowledge. You now know about bhakti and you also have knowledge. You are being reminded of everything - when bhakti begins and when it ends, when Baba gives knowledge and when it ends. You are reminded of all this. All of you are numberwise anyway. Some of you remember a lot of it and others less so. Those who remember a lot of it claim a high status. When you remember this knowledge, you are also able to explain it to others. The memories are wonderful. What was in your intellect previously? It was worship, chanting, doing penance and bowing your head. It was due to this that your forehead became worn out. There is a vast difference between the memories of bhakti and the memories of knowledge. You know about bhakti because you have been doing bhakti since it started. You know that at first you only worshipped Shiva. Later you worshipped the deities. No one else remembers this. You remember the beginning, the middle, and the end of creation and worship etc. By doing bhakti for half a cycle, you have been falling. Mountains of sorrow are yet to fall. Children, you have to make effort. Before the mountains of sorrow fall you must destroy your sins by staying on the pilgrimage of remembrance. You are the ones who have to explain all this to everyone. Thousands will come to you. You must make effort to show the path to your brothers and sisters. You are reminded of gyan and bhakti. You know the whole drama numberwise, according to the effort you make. The more clearly you souls understand, the more clearly you souls are able to explain. It is you children who have to explain. It has been said that the son shows the father. This Father explains to you children, and then you children must explain to your brothers. You explain to souls. This knowledge is totally different from bhakti. It has been said that the one God comes and gives the fruit to all the bhagats. All are children of the one Father. Baba says: I take all of you children back to the land of peace and then send you to the land of happiness. It is now that you are given this knowledge of the cycle; it will not exist there. You have become impure, and so Baba has to make so much effort to make you pure again. That is why it has been said: We will sacrifice ourselves to You. We will surrender to You. To whom? To Baba. This Baba is seen as the example who sacrificed himself. Follow this sample! This is the one who later becomes Narayan. If you want to claim as high a status, you have to surrender yourself to that extent. The wealthy would be unable to surrender themselves. Here you have to sacrifice everything. The wealthy will remember other things. It has been said that if you remember your wife in your final moment, then your destination will be accordingly. They will wonder at that time what to do with so much money. None of their money will be accepted at that time, because nothing is to remain here. What would I do with it then? Everything, including this body, will be destroyed. When you die, the world is dead to you. None of this wealth etc. will remain. Many fearsome stories have been written in the Garuda Purana etc. to make people afraid. Baba says: All of these scriptures etc. belong to the path of bhakti. The path of bhakti lasts for half a cycle, when it is the kingdom of Ravan. When you ask any of them when they first started to burn Ravan, they would reply: Since the beginning of time! Oh, but Ravan doesn't exist at the beginning of time. It is because they do not know anything that they say this. You children have now been reminded of when the kingdom of Ravan begins. You also know the Creator and the beginning, the middle and the end of creation. Baba says: Children, now remember Me alone and your sins will be cut away. Continue to caution one another in this way. When you go for a walk or travel together, talk about these things. If the whole of your group walks together in the stage of remembrance, a great impression would be made by your silence. Priests go walking in silence and remember Christ. They do not even look at anyone. You can remain for a long time in remembrance; you have no mundane business here. The atmosphere here is very good. The atmosphere outside is very dirty. That is why the ashrams of the sannyasis are in isolated places. Your renunciation is unlimited. The old world is about to be destroyed. This is a graveyard (Kabristan); it will once again become the land of angels (Paristan). There, there will be palaces of diamonds and jewels. Lakshmi and Narayan were the masters of the land of angels. They are no longer this. Baba says: I come, cycle after cycle, at the confluence of the cycles. This whole cycle continues to repeat. Now that Baba has reminded you of all this, you remember it. There was none of this in your intellect previously. When you remain in this consciousness, you will also become intoxicated and be able to explain to others in that happiness. Whilst looking after your household etc. remain in this consciousness. Achcha.

To the sweetest, spiritual children who constantly stay in the intoxication of remembrance, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for Dharna:

- 1. Understand the beginning, the middle and the end of the drama very clearly. Keep it all in your consciousness and remind others about it. Give them the ointment of knowledge that removes the darkness of their ignorance.
- 2. Follow Brahma Baba totally in surrendering yourself completely. Everything, including your body, is going to be destroyed. Therefore you must be dead to everything in the world beforehand so that at the end you remember nothing but Baba.

Brahma Baba gave the proof of his being detached and free from any bondage of karma. He never had any bondage except that of love for service. Any limited royal desires in service would also bind you in a karmic account. A true server will always remain free from this type of karmic account. Just as there is the bondage of your body and the bondage of your bodily relations so, too, selfish motives in service are also a bondage. Therefore become an altruistic server who remains free from this type of bondage and thus remains free from any royal form of karmic account.

Do not keep your promises in a file, but give the proof of fulfilling them. Slogan:

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